

Stacey Folk, MD
303-321-6608
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ThermiTight Informed Consent

I request and authorize Dr. Folk / Dr. Bateman, Tula Caputto PA-C, Jill White PA-C, or designated person, to perform a procedure on me known as: Subdermal Skin Tightening and Sculpting utilizing temperature controlled Radio Frequency technology.

This procedure is being used to treat my condition/medical diagnosis of: _____

Areas to be treated: _____.

Please initial each item:

_____ The areas for treatment have been reviewed with me today and I am in agreement. I have been thoroughly and completely advised regarding the objectives of the procedure. I understand that the practice of medicine and surgery is not an exact science and although these procedures are effective in most cases, no results have been guaranteed. I acknowledge that imperfections might ensue and that the operative result may not live up to my expectations. I understand that skin tightening may not be fully apparent for 6-12 months after this procedure, that tissue tightening varies from individual to individual and results are age-dependent.

_____ The treatment will involve applying heat to the adipose (fat) tissue and dermis using radiofrequency for therapeutic purposes.

_____ I am aware of the following possible experiences and/or risks associated with the procedure:

- I consent to the administration of local and tumescent anesthesia. I understand that all forms of anesthesia involve risks and the possibility of complications, injury, or death.
- Discomfort may be experienced during and/or after the treatment.
- Some bruising and/or swelling may occur following the procedure. However, it should resolve in days, weeks, or months.
- Temporary redness (erythema) of the treated area can occur.
- Scarring is rare, but is a possibility if the skin surface is disrupted.
- Although uncommon, burns can occur.
- Infection is rare, but should it occur, treatment with antibiotics and/or surgical intervention may be required. Infection can further increase the risk of scarring. Proper wound care is important in the prevention of infection. If signs of infection such as pain, heat, blisters, or surrounding redness develop, call the office immediately.
- I understand the importance of the pre and post treatment instructions and that the failure to comply with these instructions may increase the possibility of complications.

_____ I understand that lipoaspiration may be used in conjunction with the Subdermal Skin Tightening and Sculpting treatment, if Dr. _____ determines it is necessary to do so. I understand that skin irregularities may occur with any lipoaspiration treatment.

_____ I consent to having clinical photographs taken before, during and after my procedure. I understand that these photographs are an important part of my medical record. In addition, I consent to the use of these photographs, without my identity being revealed, for the education of future patients, professional clinical presentations and medical journals.

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_____ The nature and effects of the procedure, the risks, the ramifications, complications, as well as alternative methods of treatment have been fully explained to me by the physician or designated person and I understand them. I am aware that the use of temperature controlled radio frequency for subdermal skin tightening and sculpting has not been approved by the FDA. The benefits of the proposed procedure, along with the probability of success have also been discussed with me. I have been given the opportunity to ask questions and have received satisfactory answers. I certify that I have read the above authorization and that I fully understand it.

Signature of Patient / Date

Signature of Witness / Date

ThermiTight Post Op Instructions

1. Try to use wrapping for 24 hours (may adjust as needed for comfort) and intermittently the 1st 72 hours as needed. Can continue to use nightly for the next 3 days. With liposuction can use for 1-2 weeks.
2. You can use ice packs/frozen peas on top of dressings the 1st 2-3 days as needed.
3. May use Band-Aids over small incisions for 24 hours.
4. No exercise for 24 hours. Then exercise as tolerated- warning high impact will hurt.
5. Sleep at 45 degree angle for the 1st night.
6. You can take Tylenol or anti inflammatories for pain as needed.
7. It can take 3-13 months to see results
8. Numbness and tenderness is common for a few months.
9. It is helpful to massage cheek to ears, jaw line down to neck
10. Keep chin elevated for the first few days.